

Killinchy PS

**school
food**

try something new today
www.schoolfoodni.com

Bread, fruit,
yoghurt, milk and
water
are available daily.

If you require any
additional information
on allergens or
special diet please
contact the school in
the first instance



	Monday	Tuesday	Wednesday	Thursday	Friday
Week One W/C:02:09:19 W/C:30:09:19 W/C: 28.10.19 W/C: 25:11:19	Oven Baked Sausages Baked Beans Mashed Potatoes or Sweet Chilli Chicken & Rice Rice Pudding & Fresh Fruit	Pasta Bolognaise Seasonal Vegetables Mashed Potatoes or Beef Casserole Fruit Sponge& Custard	Salmon Fish Cakes Peas / Sweetcorn Mashed Potatoes or Filled Baguette Flakemeal Biscuit, Milkshake& Fresh Fruit	Roast Chicken / Stuffing Gravy Carrots / Broccoli Oven Roast & Mashed Potatoes Jelly, Fruit & Ice Cream	Vegetable Soup Crusty Bread Beef Burger in a Bap Salad / Coleslaw or Chicken Wrap Frozen Mousse Milkshake & Fresh Fruit
Week Two W/C: 09:09:19 W/C: 07:10:19 W/C: 04.11.19 W/C: 02.12.19	Savoury Minced Beef Carrots & Parsnips Mashed Potatoes or Beef Stew Flakemeal Biscuit Fresh Fruit & Milk	Chicken Curry & Rice Nann Bread Chicken Casserole Sweetcorn Mashed Potatoes Chocolate Sponge & Custard	Oven Baked Sausages Baked Beans Mashed Potatoes or Chicken / Tuna Baguette Fruit Muffin Fresh Fruit & Milk	Roast Gammon / Gravy Shredded Cabbage Oven Roast & Mashed Potatoes Yoghurt & Fresh Fruit	Fish Fingers Peas / Salad / Coleslaw Chips / Baked Potatoes or Chicken Pasta Bake Fruit Crumble & Custard
Week Three W/C:16:09:19 W/C: 14:10:19 W/C: 11.11.19 W/C: 09:12:19	Pasta Bolognaise Mixed Vegetables Mashed Potatoes or Beef Casserole Rice pudding & Fresh Fruit	Chicken Fillets / Gravy Carrots / Sweetcorn Mashed Potatoes or Chicken Curry & Rice Jelly & Fruit Cocktail	Whiting Fillet in a Crumb Coating Baked Beans Chips / Baked Potato or Cheese & Tomato Pizza Artic Roll & Fresh Fruit	Roast Beef / Gravy Stuffing / Broccoli / Carrots Oven Roast & Mashed Potatoes Jam & Coconut Sponge & Custard	Vegetable & Chicken Soup Crusty Bread Hotdogs Salad / Coleslaw or Chicken / Tuna Baguette Frozen Mousse & Fruit / Milk
Week Four W/C: 23:09:19 W/C: 21:10:19 W/C: 18.11.19 W/C: 16:12:19	Chicken Nuggets Baked Beans / Coleslaw Chips / Baked Potato or Cheese & Tomato Pizza Yoghurt & Fresh Fruit	Beef Burger / Gravy Carrots Mashed Potatoes or Lasagne / Salad Garlic Bread Ginger Biscuit & Fresh Fruit	Beef & Vegetable Casserole Boiled Rice or Savoury Minced Beef Mixed Vegetables Mashed Potatoes Chocolate Sponge & Custard	Roast Turkey / Gravy Stuffing / Carrots / Broccoli Oven Roast & Mashed Potatoes Ice Cream, Pears & Chocolate Sauce	Fish Fillet Shapes Sweetcorn / Gravy Mashed Potatoes or Chicken Casserole Flakemeal Biscuit & Fresh Fruit Milkshake

try something new today